RETIREMENT RESIDENCES & CONTINUING CARE RETIREMENT COMMUNITIES
2017-2018 EDITION

SENIOR INFORMATION & ASSISTANCE

AREA AGENCY ON AGING

Department of Adult and Aging Services
6955 Foothill Blvd., Suite 143 (1st Floor), Oakland, CA 94605
1-(800) 510-2020 or (510) 577-3530
http://alamedasocialservices.org/public/services/elders_and_disabled_adults/aaa_senior_ia.cfm
Monday – Friday, 8:30am to 5:00pm
RETIREMENT RESIDENCES

Most of the facilities listed in this directory are Retirement Residences which provide independent living in a hotel-like setting. Monthly fees may include meals, housekeeping, and other services. Many facilities also provide assisted living services for an additional monthly fee. Rent is usually paid on a month-to-month basis.

Retirement Residences are distinguished from board and care homes by the presence of professional staff, such as social workers or nutritionists, who help administer services and activities. These services tend to enhance the quality of life for those persons who can afford the higher fees charged by these facilities. They are also desirable for those who enjoy being with persons in their own age and social groups. Persons who are interested in Retirement Residences are encouraged to visit several such facilities before making a choice. There is a great deal of variation from location to location.

CONTINUING CARE RETIREMENT COMMUNITIES

A few of the facilities listed in this directory are Continuing Care Retirement Communities (CCRCs) and are noted as such. CCRCs are designed for older adults who desire an independent lifestyle with the peace of mind knowing that 24-hour assisted living and skilled nursing services are available if needed. Through a long term care contract, these facilities offer their residents continuous care in one location and usually for the lifetime of the resident. Continuing care contracts in California are defined by the California Department of Social Services as follows:

A continuing care contract is an agreement between a person 60 years of age or older and a continuing care provider. The contract includes a promise to provide a range of services at a CCRC for a period longer than one year in exchange for payment. Usually, but not always, the promise is effective for the life of the resident. Most continuing care contracts call for payment of an entrance fee and monthly fees. It is the promise to provide care, not the method of payment, which defines a continuing care contract. A continuing care contract may consist of one or a series of agreements.

A life care contract is a specific type of continuing care contract which includes ALL of the following: (1) to provide all levels of care, including acute care and physician’s and surgeon’s services; (2) to provide care for the resident’s life; (3) to provide a comprehensive continuum of care, including skilled nursing, under the ownership and supervision of the provider on, or adjacent to, the premises; (4) that no change will be made in the monthly fee based on level of care or service; and (5) to subsidize residents who become financially unable to pay their monthly care fees.

The terms and services provided under a continuing care contract vary significantly at different CCRCs. Some CCRCs may offer more than one type of contract.

Entrance fees for CCRCs in Alameda County may range from $50,000 - $3million depending upon the size of the apartment unit and the facility selected. In addition to entrance fees, residents must also pay a monthly service charge. It should be noted that prospective applicants are screened, and conditions such as health status and financial portfolios may be considered when applying for admission. Applicants may be expected to have Medicare Parts A and B, however, one should verify this with the administration.

Interested persons are encouraged to contact the California Department of Social Services, Continuing Care Contracts Branch, 744 P Street, M/S8-3-90, Sacramento, CA 95814, 916-657-2592, www.calcrc.ca.gov, for more information regarding contracts with these facilities. One may also wish to consult an elder law attorney regarding the contract.
ALAMEDA

CARDINAL POINT
2431 Mariner Square Drive
Alameda, CA 94501
510-337-1033
www.oakmontofcardinalpoint.com

Continuing Care Retirement Community

Monthly Fees: Call for current pricing information.

Services and Amenities include: nurse on staff, restaurant-style dining, housekeeping, 24-hour emergency call system, heated pool, spa, movie theatre, cocktail lounge, beauty salon/barber shop, fitness center, ballroom, free cable TV, free high speed internet.

BERKELEY

THE BERKSHIRE
2235 Sacramento Street
Berkeley, CA 94702
510-841-4844
www.vintagesenior.com/the-berkshire

Independent Living, Assisted Living & Memory Care

Community Fee: $3,800 (one-time fee upon entry)

Monthly Fees: Studios $3,700 & up; Deluxe Studios $4,750 & up; One Bedrooms $5,850 & up. Assisted Living Care Costs $300 - $3,000 (based on the level of care required).

Services and Amenities include: restaurant-style dining options, all-day snacks available, round-the-clock support, daily schedule of activities, professionally trained staff, medication management, scheduled transportation services, housekeeping and linen room service. Pet friendly.

CASTRO VALLEY

BAYWOOD COURT
21966 Dolores Street
Castro Valley, CA 94546
510-733-2480
www.baywoodcourt.org

Independent Living & Assisted Living

Community Fee: N/A

Monthly Fees: One Bedrooms $3,229 - $3590; Two Bedrooms $3,992 - $4,360. Assisted Living: Studios $4,349 - $4,506; One Bedrooms $4,946; Two Bedrooms $5,710.

Services and Amenities include: scheduled transportation, weekly resident planned trips, woodshop, pool, spa, fitness center, gallery, library, a variety of social programs, putting green, bocce ball, and on-site convenient store.

FREMONT

AEGIS GARDENS
36281 Fremont Boulevard
Fremont, CA 94536
510-739-0909
www.aegisgardens.com

Independent Living, Assisted Living & Dementia Care

Daily Rates: Studios starting at $148/day; One Bedrooms starting at $175/day.

Services and Amenities include: Asian oriented community including Asian style cuisine and Asian cultural related activities. Scheduled transportation, housekeeping, laundry, nurse on staff, emergency communications systems, beauty salon, library, and 24-hour snack and drink cafeteria.
### FREMONT continued

**BROOKDALE FREMONT**  
2860 Country Drive  
Fremont, CA 94536  
510-790-1645  
www.brookdale.com  
Independent Living & Assisted Living  
**Community Fee:** $2,500 *(one-time fee upon entry)*  
**Monthly Fees:** Independent Living: Studios $2,925 & up; One Bedrooms $3,345 & up. Assisted Living: Studios $3,040 & up; One Bedrooms $3,480 & up.  
**Services and Amenities include:** housekeeping and linen services, transportation, social activities, fitness programs, 24-hour security and emergency services, heated swimming pool, media room and library. Pet friendly.

**FREMONT SENIOR APARTMENTS & ASSISTED LIVING**  
3800 Walnut Avenue  
Fremont, CA 94538  
510-505-0555  
www.carltonseniorliving.com  
Independent Living & Assisted Living  
**Community Fee:** $4,000 *(one-time fee upon entry)*  
**Monthly Fees:** Studios $3,295 & up; One Bedrooms $3,695 & up; Two Bedrooms $4,995 & up.  
**Services and Amenities include:** weekly housekeeping & laundry services, transportation, emergency call system, social & recreational activities, full service café, restaurant-style dining, utilities included. Respite/trial stays available. Pet friendly.

**FREMONT VILLAGE**  
38801 Hastings Street  
Fremont, CA 94536  
510-792-5411  
www.elderlodging.com  
Independent Living, Assisted Living & Memory Care  
**Administration Fee:** $1,000 *(one-time fee upon entry)*  
**Monthly Fees:** Units start at $2,895/month; Care Costs range $265 - $1680, plus $10/per point over *(points are determined by needs assessment)*.  
**Services and Amenities include:** complete meal service, Snack Café always open, emergency call pendant, weekly laundry service & housekeeping, utilities included *(except private phone)*, basic cable TV access and scheduled local transportation.

### HAYWARD

**CASA SANDOVAL**  
1200 Russell Way  
Hayward, CA 94541  
510-727-1700  
www.casasandoval.com  
Independent Living & Assisted Living  
**Application Fee:** $500 *(one-time fee)*  
**Monthly Fees:** Studios $2,500 & up; One Bedrooms $2,950 - $3,175; Two Bedrooms $3,850 - $4,725. Assisted Living: Care costs range $750 - $2,800 *(determined by level of care required)*.  
**Services and Amenities include:** weekly linen & laundry service, housekeeping, transportation, physical fitness programs, scheduled activities, weekly resident excursions, daily ice cream socials, covered gated parking, utilities and cable TV, 24-hour staffing, library, recreation lounges, billiard and card game rooms, private dining. Respite stay available. Pet friendly.
HAYWARD  continued

LANDMARK VILLA
21000 Mission Boulevard
Hayward, CA 94541
510-276-2872
Independent Living & Assisted Living

Community Fee: $1,000 - $5,000 (one-time fee based on monthly rent options)

Monthly Fees: Alcove Suites $2,500 - $2,900; One Bedrooms $2,350 - $2,750; Deluxe One Bedrooms $2,750 - $3,150 (Deluxe units include balcony and open floor plan). Care Costs range $550 - $2,050 (determined by the level care required).

Services and Amenities include: weekly maid service and laundry, utilities included (except telephone and cable), health clinic, library, exercise, bingo, scenic trips and drives, music, barber & beauty salon, transportation, urgent care response system.

ST. REGIS RETIREMENT CENTER
23950 Mission Boulevard
Hayward, CA 94544
510-881-7888
www.stregiscenter.com
Independent Living, Assisted Living & Memory Care

Community Fee: Call for current pricing information

Monthly Fees: Independent Living: Studios $1,695 & up; One Bedrooms $2,295 & up; Double Suite $2,595 & up. Assisted Living: Studios $2,850 & up; One Bedrooms $3,595 & up. Memory Care: Semi-private $3,895 & up; Private $5,095 & up. Incontinence fee $300.

Services and Amenities include: weekly housekeeping and laundry services, exercise room, extensive library, in-house barber shop & beauty salon, emergency response system with 24 hour staff support, scheduled transportation for medical appointments, shopping, church services, and social outings, utilities included (except phone & internet).

LIVERMORE

HERITAGE ESTATES
900 E. Stanley Boulevard
Livermore, CA 94550
925-373-3636
www.heritageestatesretirement.com
Independent Living & Assisted Living

Community Fee: Call for current pricing information


Services and Amenities include: concierge services, housekeeping & linen services, activity and game rooms, library, movie theatre, shuttle service, full service spa & salon, restaurant-style dining and landscaped outdoor courtyard.

ROSEWOOD GARDENS
35 Fenton Street
Livermore, CA 94550
925-443-7200
www.rosewoodgardensseniorliving.com
Independent Living, Assisted Living & Memory Care

Monthly Fees: Call for current pricing information.

Services and Amenities include: weekly housekeeping, laundry services, scheduled transportation, restaurant-style dining, social & cultural activity programs, beauty & barber shop, 24-hour staffing and emergency call system.
<table>
<thead>
<tr>
<th>Community Name</th>
<th>Address</th>
<th>Contact Information</th>
<th>Monthly Fees:</th>
<th>Services and Amenities include:</th>
</tr>
</thead>
<tbody>
<tr>
<td>GRAND LAKE GARDENS</td>
<td>401 Santa Clara Avenue</td>
<td>Oakland, CA 94610</td>
<td>Independent</td>
<td>restaurant-style dining, movie</td>
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<td></td>
<td>510-893-3329</td>
<td></td>
<td>Living: $2,500-4,050.</td>
<td>theatre, variety of wellness classes and life-enriching activities, housekeeping, scheduled transportation, 24/7 security and emergency call system, and utilities included.</td>
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<td><a href="http://www.grandlakegardens.com">www.grandlakegardens.com</a></td>
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<td>THE LAKE MERRITT</td>
<td>1800 Madison Street</td>
<td>Oakland, CA 94612</td>
<td>Independent</td>
<td>concierge services, Lifeline</td>
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<td></td>
<td>510-903-3600</td>
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<td>Living: $6,000 (one-time fee upon entry)</td>
<td>Safety pendant, weekly housekeeping, optional linen service, scheduled door-to-door transportation, restaurant dining, multiple scheduled activities, personal trainer &amp; gym, library, barber &amp; beauty salon and spa. Assisted Living available through on-site home care partner.</td>
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<td><a href="http://www.thelakemerrittsenior.com">www.thelakemerrittsenior.com</a></td>
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<td>LAKE PARK RETIREMENT RESIDENCE</td>
<td>1850 Alice Street</td>
<td>Oakland, CA 94612</td>
<td>Independent</td>
<td>housekeeping, blood pressure</td>
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<td></td>
<td>510-835-5511</td>
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<td>Living: $3,695 &amp; up.</td>
<td>clinic, billiards, sewing room, beauty salon/barbershop, social and recreational activities. Priority access to assisted living and skilled nursing services on site. Pet friendly.</td>
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<td><a href="http://www.lakeparkretirement.org">www.lakeparkretirement.org</a></td>
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<td>MERCY RETIREMENT &amp; CARE CENTER</td>
<td>3431 Foothill Boulevard</td>
<td>Oakland, CA 94601</td>
<td>Independent</td>
<td>meals, housekeeping, laundry,</td>
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<td><a href="http://www.mercyretirementcenter.org">www.mercyretirementcenter.org</a></td>
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<tr>
<td>Location</td>
<td>Address</td>
<td>Phone Number</td>
<td>Website</td>
<td>Independent Living, Assisted Living &amp; Memory Care</td>
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<td>PACIFICA SENIOR LIVING - OAKLAND HEIGHTS</td>
<td>2361 E. 29th Street, Oakland, CA 94606</td>
<td>510-957-9655</td>
<td><a href="http://www.pacificaoaklandheights.com">www.pacificaoaklandheights.com</a></td>
<td>Independent Living, Assisted Living &amp; Memory Care</td>
</tr>
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<td>PIEDMONT GARDENS</td>
<td>110 41st Street, Oakland, CA 94611</td>
<td>510-596-2600</td>
<td><a href="http://www.piedmontgardens.com">www.piedmontgardens.com</a></td>
<td>Continuing Care Retirement Community</td>
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<td>THE POINT AT ROCKRIDGE</td>
<td>4500 Gilbert Street, Oakland, CA 94611</td>
<td>510-658-9266</td>
<td><a href="http://www.thepointatrockridge.com">www.thepointatrockridge.com</a></td>
<td>Independent Living, Assisted Living &amp; Memory Care</td>
</tr>
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<td>ST. PAUL’S TOWERS</td>
<td>100 Bay Place, Oakland, CA 94610</td>
<td>510-835-4700</td>
<td><a href="http://www.jtm-esc.org">www.jtm-esc.org</a></td>
<td>Continuing Care Retirement Community</td>
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<td>Seniors 62 or older with Medicare Parts A and B (may be able to compensate when there is no Medicare coverage). Services and Amenities include: fine dining, housekeeping, linen service, maintenance and utilities, emergency call systems, 24-hour security, underground parking, rooftop garden and fitness center, scheduled transportation, social activities, spiritual and cultural events and wireless internet access for residents and guests.</td>
</tr>
</tbody>
</table>
**PLEASANTON**

**STONERIDGE CREEK of PLEASANTON**
3300 Stoneridge Creek Way
Pleasanton, CA 94588
925-227-6810
www.stoneridgecreek.com

**Continuing Care Retirement Community**

**Entrance Fee:** $300,000 - $2 Million
*returnable fee call to for more details*

**Monthly Fees:** $3,000 - $5,000 determined by entrance fee and floor plan. Studios, One Bedrooms, Two Bedrooms, Penthouses and Single-Story Villas w/ garages (24 unique floor plans available).

**Services and Amenities included:** housecleaning & linen services, transportation services, restaurant-style dining, social clubs, recreational classes, indoor & outdoor pools, spa, tennis courts, golf course, barber & beauty salon, garden center, movie theatre, art studio, 24-hour emergency response. Pet friendly.

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**SAN LEANDRO**

**CARLTON PLAZA of SAN LEANDRO**
1000 E.14th Street
San Leandro, CA 94577
510-636-0660

www.carltonseniorliving.com

**Independent Living, Assisted Living & Memory Care**

**Entrance Fee:** $4,000 *one-time fee upon entry*

**Monthly Fees:** Studios starting at $3,295; One Bedrooms starting at $4,195. Care costs are additional and calculated based on care needed.

**Must be 65 years old or older.**

**Services and Amenities include:** meals included, 24-hour care and support, housekeeping, laundry, and linen services, entertainment and social programs, 24-hour café, rehab center, transportation to and from medical visits. Diabetic Management Services. Short-term and long-term stays. Respite stays for recuperative residency. Pet friendly.

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**MARYMOUNT VILLA**
345 Davis Street
San Leandro, CA 94577
510-895-5007
www.marymountvilla.com

**Independent Living, Assisted Living & Memory Care**

**Community Fee:** $2,800 *one-time fee upon entry*

**Monthly Fees:** Shared Room starting at $4,700 & up with basic level of care; Private Room starting at $5,500 & up with basic level of care.

**Services and Amenities include:** 24-hour trained attendants, weekly housekeeping, activity programs, scheduled transportation to doctor appointments, emergency pull cords in apartments, utilities *(water, gas, electric)* included.
UNION CITY

ACACIA CREEK at UNION CITY
34400 Mission Boulevard
Union City, CA 94587
510-429-6479
www.acaciacreek.org
Continuing Care Retirement Community

Entrance Fee: starting at $241,000 & up

Monthly Fees: starting at $3,300 & up.

Facility affiliated with Masonic Homes for Adults and open to the general public.

Services and Amenities include: weekly housekeeping & linen services, arts & crafts, gardening, lounge & bar, indoor pool & spa, group exercise and neighborhood outings.

MASONIC HOME FOR ADULTS
34400 Mission Boulevard
Union City, CA 94587
510-471-3434
www.masonichome.org

This facility is open to Masonic Order Members (or their widows or widowers), must be 60 years of age or older.

Every effort is made to keep this information current. The Alameda County Area Agency on Aging assumes no responsibility for errors or omissions in compiling this information

Senior Information & Assistance
(800) 510-2020