Bring these to your intake appointment for faster service.

General Verification Checklist

Bring these items for each person in your household who needs assistance:

- ☐ Birth certificates or other proof of age and family relationship
- ☐ Social Security cards or proof of application
- ☐ Driver's License or other picture I.D.
- ☐ Proof of residency- rent or mortgage receipt, a utility bill
- ☐ Proof of all income- most current pay stubs, child support and alimony, Social Security award letters, unemployment or disability benefits, VA benefits (Unemployment benefit printouts can be obtained by calling 1-800-300-5616)
- ☐ Verification of disability (if applicable)
- ☐ All current checking, savings, credit union, or money market account statements
- ☐ Savings bonds, stock certificates, retirement account statements
- ☐ Current vehicle registrations: include cars, trucks, motorcycles, trailers, motor homes, or boats. Also include any loan balance owed on each vehicle
- ☐ Pregnancy verification (if applicable)
- ☐ Immigration status: INS registration card, citizenship verification or passport

Your worker will tell you exactly what proof is needed, but if you bring the above items with you, we may be able to grant your case more quickly. If you don't have this proof, we may be able to help you get it.

Alameda County Social Services Offices

North County
2000 San Pablo Ave.
Oakland CA 94612

Eastmont Self-Sufficiency Center
6955 Foothill Blvd., Suite 100
Oakland CA 94605

South County, Eden Area Multi-Service Center
24100 Amador St.
Hayward CA 94544

Fremont Office
39155 Liberty St., Suite C330
Fremont CA 94536

Livermore Office
3311 Pacific Ave.
Livermore CA 94550

CalWORKs, CalFresh, and General Assistance
(510) 263-2420
1(888) 999-4772

Medi-Cal Center, Enterprise Office
8477 Enterprise Way
Oakland CA 94621
(510) 777-2300
1(800) 698-1118

Monday through Friday
8:30 am - 5:00 pm

Apply online at: www.mybenefitscalwin.org

DO YOU NEED MORE HELP?

www.alamedasocialservices.org

Dial 2-1-1 for help finding child care, food pantries, volunteer services and more.

Applying for Benefits

Answers to common questions about cash, medical and food assistance

CalWORKs, General Assistance, Medi-Cal, & CalFresh

Form 50-170, 12/2013

	General Assistance	CalWORKs	Medi-Cal	CalFresh
What do I get if I qualify?	Cash assistance. Both programs also provide employment services.		Coverage for health services.	Benefits to help you purchase food.
Who can qualify for this program?	Single and married adults without dependent minors; minors in some specific circumstances.	Families caring for children under age 18, pregnant women in their last trimester, and pregnant teenagers.	Individuals who are: under 21, over 65, disabled, or pregnant. Families with children.	Families and individuals.
	Individuals who receive SSI/SSP are not eligible for CalWORKs, General Assistance, CalFresh, or County issued Medi-Cal. They receive State issued Medi-Cal with their SSI. Family members in need of assistance, who reside with an SSI recipient, may apply and be eligible for the above programs. An SSI parent may apply for CalWORKs, CalFresh, or Medi-Cal for their minor children.			
How do you decide if I qualify?	We consider all of your and your family's available income and property to decide if you are eligible. Income can affect the amount of assistance you receive. We will determine if your family members are eligible for benefits in each program. If they are not eligible, we will tell you why.			We consider all of your household's income to determine your eligibility and benefit amount. We will determine if anyone in your household is not eligible.
Will my car count?	No	A car may be considered available property, depending on how much it is worth.	If you have only one car, it is not considered available property. If you have more cars, they may be considered.	No
Will my house count?	If you live in your own home, it is not counted towards property limits. If you own other real property, or don't live in your home, the value may be considered as available property.			No
How do I apply for this program?	In person only at any of our offices, listed on the other side of this brochure.	By mail, online, at some community organizations, or in person at any of our offices. To apply online, go to www.mybenefitscalwin.org.		
What else should I know?	You must have lived in our county for at least 15 days. General Assistance cash aid is considered a loan that you must repay.	Immediate Need and Homeless Assistance benefits help families with emergency situations	You may have a monthly co-pay for your medical expenses referred to as a Share of Cost.	Expedited Services can provide food assistance for emergencies within 3 working days.
This table provides a quick overview of the assistance programs and the general requirements that apply. There are other rules that may apply to you in each program. We will use the rules that apply to you and your household. If you apply, your worker will make a decision of your eligibility based on those rules. The application process can take 30 to 45 days depending on the program (or more in some cases) to get all of the information needed to make a decision. You should apply as soon as you know you need assistance.				